



Spirit of the Wilderness

Outfitting Your Needs

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WHAT YOU SHOULD BRING

Personal items

- 2 pr pants, or 1 pr pants 1 pr shorts (lightweight & fast drying, wear one/pack one)
- 2 T-shirts
- 2 long-sleeved shirts
- 3 pr underwear
- Windbreaker
- Rain JACKET (**very important**), rain pants
- 1-2 pr heavy boot socks
- 1-2 pr lightweight socks
- 1 pr tennis shoes or sandals (to wear around camp site)
- 1 pr light weight boots or canoe shoes (with good ankle support is recommended, with non-slip soles)
- Small flashlight w/extra batteries
- Lightweight towel & washcloth
- Bandana
- Wide brim hat (preferred) or Cap with visor
- Lip balm & sunscreen
- Insect repellent (pump or lotion/liquid preferred)
- Head net
- Personal toilet articles
- Gloves, stocking cap, long johns, rubber boots, warm jacket (for Spring, Fall trips)

Group items

- Group first aid kit
- Small roll duct tape for repairs
- Compass
- Whistle on a lanyard (for each person)
- 1 filet knife (for whole group)
- 1 knife sharpening tool (for whole group)

OPTIONAL ITEMS:

- Deck of cards or small games
- Sunglasses
- 1 pr pliers (ideal for cooking and fishing accessory)
- Pocket knife or short blade knife in sheath
- Sewing kit (small)
- Reading material
- Camera in waterproof bag or container
- Small AM/FM radio for USFS updates (optional)
- Swimsuit
- Fishing tackle